



2 CASCADE CHRISTIAN SCHOOLS

0 **thrive**

4 SUMMER PROGRAMS



THRIVE
ADVENTURE DAY CAMPS
2024



CASCADE
CHRISTIAN SCHOOLS

PARENT GUIDE

OUR CORE PURPOSE

*Transforming cultures through teaching and training
People in their purpose before God*

OUR CORE VALUES

- *Biblical Worldview Integration*
- *Leadership*
- *Educational Excellence*
- *Unity*

OUR MISSION

To glorify God by providing quality, Christ-centered education dedicated to developing discerning leaders who are spiritually, personally, and academically prepared to impact their world.

OUR CORE CHARACTER TRAITS

WISDOM

To view life and live life from God's perspective

INTEGRITY

Uncompromising commitment to truth, honor, faithfulness, loyalty, and trust

EXCELLENCE

A sustained, dedicated pursuit of God-given potential

DIGNITY

A commitment to treat each individual as uniquely created in the image of God and worthy of respect

THRIVE ADVENTURE DAY CAMP MISSION

To provide a fun filled, safe, enriching, excellent summer program in a loving Christian environment where Campers can thrive and feel known and valued - discovering, exploring, and learning about themselves, others, and the world that God created for them to enjoy.



CASCADE CHRISTIAN CAMPS DISTRICT OFFICE

CHAIN OF LEADERSHIP

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ADVENTURE DAY CAMP CAMPUSES

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| <p>McAlder (Ages 6-12)</p> <p>Tim Lorenz, Principal</p> <p>Janey Lance Thrive Site Coordinator</p> <p>lancej@ cascadechristian.org</p> <p>Site Cell Number (253) 355-4333</p> <p>15502 96th Street E Puyallup, WA 98372</p> <p>Camp Phone: (253) 256-4382 Fax: (253) 881-1727</p> | <p>Frederickson (Ages 6-12)</p> <p>Annie Pichot, Principal</p> <p>Hedy Escobar Thrive Site Coordinator</p> <p>Escobarh@ cascadechristian.org</p> <p>Site Cell Number (253) 293-9182</p> <p>3425 176th Street E Tacoma, WA 98446</p> <p>Camp Phone: (253) 537-9339 Fax: (253) 531-4699</p> |
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Welcome to Cascade Christian Schools Thrive Adventure Day Camp and KinderPrep Day Camp

The THRIVE Summer Adventure Day Camp Mission is to provide a safe, enriching, excellent summer program in a loving Christian environment where Campers can thrive - discovering, exploring, and learning about themselves, others, and the world that God created for them to enjoy.

Goals:

- To teach and model Godly characteristics
- To develop discerning leaders
- To minimize summer learning loss
- To help Campers gain healthy self-esteem by providing a high quality, age-appropriate summer program
- To expose campers to a wide variety of experiences that will help them discover their individual gifts and talents
- To partner with parents in making each Camper's summer interesting, exciting, and fun

Policies and guidelines have been established to accomplish these goals. Please read this guide carefully. If you have questions or concerns about any policy stated in this packet or any other document regarding Thrive Adventure Day Camp, please ask your campus Site Coordinator/Director.

Statement of Faith

- We believe in one eternal God, revealed as Father, Son, and Holy Spirit.
- We believe man was created in the image of God and is now, by reason of voluntary transgression, separated from God.
- We believe the Bible is the inspired Word of God, is His revelation to man and contains His plan for the redemption of fallen humanity.
- We believe in the virgin birth and deity of Jesus Christ, the only begotten Son of God, truly human and truly divine.
- We believe salvation has been provided for all people through the work of Christ at Calvary, resulting in eternal life for all who believe, turn from sin and place their faith in Him.
- We believe in the spiritual unity of all believers, each of whom is an integral part of the church, the body of Christ.
- We believe all believers are responsible to fulfill the Great Commission and make disciples of all people.
- We believe in the second coming of Christ and the pre-eminence of His kingdom for eternity.



CASCADE
CHRISTIAN SCHOOLS

THRIVE Summer Adventure Camp Overview

Hours of Operation

Monday through Friday, 6:30 a.m. to 6:00 p.m. (6:00 a.m. at Frederickson)

Dates

THRIVE runs from June 19, 2024 - August 16, 2024



McAlder Daily Schedule

6:30 a.m. – 8:30 a.m. Early Bird camp activities
8:30 a.m. – 4:00 p.m. **THRIVE Adventure Day Camp!**
4:00 p.m. – 6:00 p.m. Night Owl camp activities

Frederickson Daily Schedule

6:00 a.m. – 8:30 a.m. Early Bird camp activities
8:30 a.m. – 4:00 p.m. **THRIVE Adventure Day Camp!**
4:00 p.m. – 6:00 p.m. Night Owl camp activities

KinderPrep Day Camp hours are 8:00 a.m. to 4:00 p.m.

➤ *A daily schedule for specific activities and events will be provided weekly.*

Remind App Communication



Campus communication is conducted through the Remind App; all families must download and sign up before the camper's first day of attendance. Campus specific class codes will be available online prior to the start of camp.

What to Bring to Camp:

- Labeled lunchbox/cold lunch
- Labeled Sunscreen
- Towel (for water play days)
- Change of clothes
- Extra shoes
- Bible
- Labeled water bottle
- Mask (If current guidelines require them.)

What Not to Bring to Camp:

- Any Electronics
- Money (unless specified for fieldtrips or events)
- Anything of value that you don't want to lose

What to Wear to Camp:

Examples of safe, appropriate dress and appearance are:

- **Footwear:** Tennis shoes or close-toed sandals with a secure back strap. Campers need to be able to run with shoes that are secure on their feet. ***Flip-flops and clogs are not safe for Campers when they are engaged in fast-paced play.***
- **Pants, Shorts & Skirts:** Modest-length shorts and skirts are no shorter than halfway between the fingertips and the kneecaps when the arms are hanging relaxed at the side of the body. To maintain modesty, shorts should be worn under dresses.
- **Full Shirts:** Shirts must not show midriffs or cleavage and should have at least a one-inch strap.
- **Swimsuits: For safety, all swimmers wear their camp T-shirts while swimming.**
 - *Boys follow the shorts policy.*
 - Girls, modest, one-piece suits; or tankinis.

- **Camp T-shirts** are to be worn on all field trip days.

A camper whose dress or appearance is not honoring to Thrive Adventure Day Camp's mission, purpose and stated expectations will be subject to the stated camp discipline procedures. Campers will remain out of their classes until they secure a change of clothes. The dress expectations apply in the classroom and building on camp days and at any camp-sponsored activities. **Parents are responsible to see that their Campers are dressed properly before they arrive.**

Please check the LOST and FOUND often, all items remaining at the end of camp will be donated.

"Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God – this is your spiritual act of worship. Do not conform any longer to the pattern of this world but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is – His good, pleasing, and perfect will" (Romans 12:1-2).

CCS campers will honor God, honor others, and honor themselves by coming to camp:

- ready to have fun
- prepared to lead
- ready to follow the 3Rs (Respect, Responsibility, and Respect)
- projecting a positive image that stands out as distinctly different from the secular world
- clean, neat, modestly, and tastefully dressed (clothing in good repair)
- Weather appropriate clothing

Lunch & Snacks

Frederickson Site will provide: One AM and one PM snack daily. Campers will need to pack a cold lunch Monday – Friday.

McAlder Site will provide: One AM and one PM snack daily. Campers will need to pack a cold lunch Monday – Friday.

The snack menu varies and is posted in the camp newsletter, and at the parent information station.

A Camper with severe and/or life-threatening food allergies must have a completed individual care plan signed by the parent/guardian and health care provider. Parent/guardian must meet with the Site Coordinator and review the health care plan prior to camper attending camp. **Parent/guardian must provide all food accommodation/substitutions.**

Field Trips (Pending staffing, facility, transportation, COVID-19 guidelines)

Field trips are an integral part of a quality summer camp experience. Each field trip is an opportunity for a unique learning experience. Field trip days, times and destinations vary by camp location. Departure and return times for each trip will be communicated through the Remind App. Transportation to and from all field trips is included in the registration fee. **Camp T-shirts must be worn on all field trips. Arrive before bus departure time, as there is no drop-off or pick up of campers at field trip venues. All campers and camp staff attend field trips. Campers arriving after field trip departure will not be accepted on campus.**

Field Trip Schedule – 1 per week or a large-scale on-site event will be provided

Frederickson Field trips – Varies

McAlder Field trips – Varies

- *Field trip schedules are subject to change/cancellation.*

KinderPrep Day Campers stay on-site.

Camp T-shirts

The Thrive Adventure Day Camp T-shirt is required to be worn on all field trips and special guest days. This ensures that all campers are quickly and clearly identified.

Campers T-shirts are to be kept at the campus throughout the summer. Camp T-shirts are laundered by staff each week and will be sent home with your Camper at the end of summer. *Do not take your Camper's summer camp T-shirt home until your Camper's last day of summer camp.*

Swim Days (Pending staffing, facility, transportation, COVID-19 guidelines)

If your child is 6 years old, they are required to wear a life jacket on all swimming field trips. This rule is non-negotiable and applies to all swimming level abilities. Please see your newsletters or the front desk for specific dates.

If your child is 7 years or older, they are not required to wear a life jacket at Stewart Heights.

Children who cannot meet the minimum height requirement (42"), regardless of age and swimming ability, must always be within arm's length of an adult while in the pool, and must stay on the shallow side. However, they may play in the squirting structure, and use the water slide with their group and counselor.

If they are taller than the required 42" height, and they would like to swim on the deeper side of the pool, they will be required to pass a swimming test. All campers who pass this test will have an opportunity to swim with counselor participation and lifeguard monitoring. Those that do not pass will be required to stay in the shallow area, however they may play in the splash pad area, use the water slide, and go down the lazy river with their group and counselor.

Our goal is to ensure each camper's safety and encourage them to have fun while they further develop their swimming skills. For that reason, we will be constantly reviewing pool safety rules and testing camper swim skills on an ongoing basis.

Thrive Adventure Day Camp Procedures



Biblical Principles

Biblical principles are an integral part of CCS. Daily devotions, weekly chapels, prayer before meals, behavior modification and reinforcement using Biblical principles are all components to be expected at Thrive Adventure Day Camp.

Communication

Communication ensures that Thrive Adventure Day Camp runs smoothly for campers and families. **Campus communication is conducted through the Remind App; all families must download and sign up before the camper's first day of attendance.** Campus specific class codes will be available online prior to the start of camp. Please be sure to communicate with the Site Coordinator regarding any special events or circumstances.

Drop-Off

Parents/guardians are required to sign their Camper in daily via the computer on which parents will use their supplied check in/out barcodes. Campers will be escorted to camp activities by Thrive camp staff. If required by Pierce County Health Department, Campers will be screened for COVID-19 symptoms. Depending on the current guidelines, Campers may be required to pack and wear a mask.

Pick-Up

Picture ID is required for pick-up with anyone who has not previously picked up; this may include parent. Campers are signed out and released only to persons authorized by the parent or guardian. An authorized person is one noted on the registration form or

one who has prior written permission from the parent or guardian. Parents/guardians are required to sign out their Camper each day. We will check for proper identification of any individual whom we do not know personally. We must have a certified court order on file regarding parental custody matters. We cannot refuse a parent's pickup rights unless we have a court order on file regarding those rights. Please notify us immediately of any custody changes.

Late Pick-Up

Late Pick-up Charge: See Billing and Payments below.

Billing and Payments

Email questions to the Business Department at BusinessDept@cascadechristian.org.

New Families - Once the registration packet has been completed, an email will be sent with instructions to set up a FACTS account for automatic payments. Completion of the FACTS account is required prior to Thrive Adventure Day Camp attendance.

Current CCS Families and/or Returning Thrive Adventure Day Campers - Your FACTS accounts must be set up for automatic payment, including *current* banking information. If there is a problem with the FACTS account, the business office will contact you by phone or email.

Thrive Adventure Day Camp fees are billed to your FACTS account and automatically withdrawn weekly for payment. Payment dates are listed on the online registration form and below. Payment is due Wednesday, the week before the Monday camp date.

Schedule Changes (add, drop or withdrawal): If you need to make changes to your child's attendance schedule, you must log into your registration application, and submit changes. There are no paper forms available.

Weekly Payment and Add/Drop/Change Schedule

| Week Number | Dates | Auto Payment By FACTS | Add/Drop Schedule Change Deadline Date |
|-------------|----------------------|-----------------------|--|
| Week 1 | 6/19-6/21 | Due 6/12 | Add/Drop Deadline 6/9 |
| Week 2 | 6/24-6/28 | Due 6/20 | Add/Drop Deadline 6/16 |
| Week 3 | 7/1-7/5 (closed 7/4) | Due 6/26 | Add/Drop Deadline 6/23 |
| Week 4 | 7/8-7/12 | Due 7/3 | Add/Drop Deadline 6/30 |
| Week 5 | 7/15-7/19 | Due 7/10 | Add/Drop Deadline 7/7 |
| Week 6 | 7/22-7/26 | Due 7/17 | Add/Drop Deadline 7/14 |
| Week 7 | 7/29-8/2 | Due 7/24 | Add/Drop Deadline 7/21 |
| Week 8 | 8/5-8/9 | Due 7/31 | Add/Drop Deadline 7/28 |
| Week 9 | 8/12-8/16 | Due 8/7 | Add/Drop Deadline 8/4 |

Any Add/Drop/Change schedule changes need to be made by Sunday, one week before the Monday, camp date (8 Days). **If any Add, Drop, Change date(s), or withdrawal is submitted AFTER Sunday (8 days prior), a \$45 change fee will be billed to your FACTS account.** Contact campus for space availability. Deadline dates are listed on the reservation form.

Cancellations- Full payment will be charged for any cancellations not made by Sunday, one week before the Monday camp date (8 days prior)

NSF Check Charge: NSF checks incur a \$35 fee. This will be added to your next scheduled FACTS payment.

Late payments: FACTS will charge a \$30 late fee.

Late Pick-up Charge: Thrive Adventure Day Camp ends at 6 p.m. Failure to pick up camper(s) by 6 p.m. will result in a late fee of \$1.00 per minute. The late fee is assessed for each child (example: three minutes late for one child = \$3; three minutes late for two children = \$6, etc.) ****After 5 late pick-up days, the fee will increase to \$5 per minute**** This fee will appear on the next FACTS payment.

KinderPrep Day Camp ends at 4:00 p.m. Failure to pick up camper(s) by 4 p.m. will result in a late fee of \$1.00 per minute. The late fee is assessed for each child (example: three minutes late for one child = \$3; three minutes late for two children = \$6, etc.) ****After 5 late pick-up days, the fee will increase to \$5 per minute**** This fee will appear on the next FACTS payment.

Sibling Discounts are not available for Thrive Adventure Day Camp.

The registration fee for Thrive Adventure Day Camp is non-refundable.

Campers who become ill during the camp week will not be eligible for a refund.

For those campers whose conduct is unacceptable, who demonstrate by action or attitude an unwillingness to adhere to our camper conduct code, the administration reserves the right to administer discipline necessary and expedient to bring about a more favorable form of conduct. Campers who continually demonstrate an unwillingness to conform, or who are guilty of serious violations of camp rules, are subject to suspension or expulsion from camp.

Thrive Adventure Day Camp reserves the right to suspend/expel any student whose conduct is deemed undesirable or unsatisfactory. Failure to abide by camp standards of behavior may result in immediate dismissal without refund.

Sunscreen

It is the parent's responsibility to ensure that their campers arrive at camp with a 30+ SPF long-lasting, waterproof sunscreen already applied. **Parents, please instruct your children how to properly apply sunscreen. Thrive Camp is not responsible for sunburns. For** reapplication of sunscreen, send the bottle to camp marked with your Camper's full name. Sunscreen will be kept in the classroom for use as needed. Campers will be given multiple opportunities to properly reapply sunscreen. **NOTE:** Campers will apply sunscreen themselves. Campers may request assistance in reapplying sunscreen from other campers. Young campers may request assistance from counselors with spray on sunscreen only.

Heat and Air Quality

For heat-related weather conditions, we follow the guidelines provided by the:

[Washington Children and Youth Activities Guide for Air Quality](#)

Washington Children and Youth Activities Guide for Air Quality



Check current and forecast air quality at AirNow.gov or during wildfire smoke at wasmoke.blogspot.com (See Appendix A)

The following public health recommendations are to protect children and youth (18 years and younger) from fine particle air pollution (PM2.5). Apply this guide to school, child care, athletic practices and games, before and after school programs, camps, field trips, and other outdoor programming and activities.

Outside Air Quality Index (AQI): PM2.5

| Activity Duration | Good (0-50 AQI) | Moderate (51-100 AQI) | Unhealthy for Sensitive Groups (101-150 AQI) | Unhealthy, Very Unhealthy, or Hazardous (151+ AQI) | ADDITIONAL CONSIDERATIONS |
|--|------------------|---|---|--|---|
| 15 mins to 1 hour (e.g., recess, PE classes typically held outside) | No restrictions. | Allow children and youth with health conditions to opt out or stay indoors. Limit intensity of activities for these children and youth if needed. | Limit to moderate intensity activities outside. For children and youth with health conditions, further limit intensity or move to an area with safer air quality if needed. | Cancel outdoor activity or move to an area with safer air quality, either indoors with filtered air or to a different location. Limit to light intensity activities indoors if indoor PM2.5 levels are elevated. | Close windows and doors when activities are moved indoors. Pay attention to heat. Indoor air filtration can reduce elevated levels of indoor PM2.5. See Appendix C. To measure indoor PM2.5 levels, see Appendix B. |
| 1-4 hours (e.g., athletic events and practices) | No restrictions. | Allow children and youth with health conditions to opt out or stay indoors. Limit intensity of activities for these children & youth if needed. | Limit to light intensity activities with moderate intensity activities. If intensity level and time cannot be modified, consider canceling outdoor activity or move to an area with safer air quality, either indoors or to a different location. For children & youth with health conditions, further limit time or intensity if needed. | Cancel outdoor activity or move to an area with safer air quality, either indoors with filtered air or to a different location. Limit to light intensity activities indoors if indoor PM2.5 levels are elevated. | Consider time spent in transit in activity duration. All children and youth 18 and younger are considered a sensitive group. Health conditions include but are not limited to asthma and other lung disease, heart disease, diabetes, and respiratory infection (e.g., RSV and pneumonia). |
| > 4 hours (e.g., outdoor school or programming, day camp, overnight camp) | No restrictions. | Move children and youth with health conditions to an area with safer air quality, either indoors or to a different location if needed. Allow children and youth without health conditions to opt out or stay indoors and limit intensity of activities. | Limit to light intensity activities and under 4-hr total duration. If intensity level and time cannot be modified, cancel outdoor activity, or move it to an area with safer air quality, either indoors or to a different location. For children and youth with health conditions, further limit time or intensity if needed. | Cancel outdoor activity or move to an area with safer air quality, either indoors with filtered air or to a different location. Limit to light intensity activities indoors if indoor PM2.5 levels are elevated. | |

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| Sources of PM2.5 | The primary sources of PM2.5 are typically wildfire smoke during warmer months and smoke from home heating during colder months, though this varies by location. Other sources include vehicle exhaust, industrial emissions, and prescribed burning. |
| Children's Health & Increased Risk | Children and youth are more sensitive to health effects from breathing in PM2.5 because they breathe in more air than adults for their body weight. This increases their total dose of air pollution. The respiratory system also develops until about age 21. Children and youth with health conditions (including asthma and other lung diseases, heart disease, and diabetes) have a higher risk of emergency department visits and hospitalizations compared to children without health conditions. Children and youth may also be at risk for declines in academic performance, neurodevelopmental problems, and chronic conditions in adulthood. Children with asthma should follow their Asthma Action Plan . |
| Symptoms | Symptoms of PM2.5 exposure include burning eyes, coughing, throat and nose irritation, fatigue, headache, wheezing, and shortness of breath. Monitor symptoms. If symptoms become serious, seek medical attention. Symptoms can continue or appear in the week following exposure to PM2.5. |
| Physical Activity | CDC recommends children and youth 6-17 years old exercise an hour or more every day as an important part of health. WAC 110-300-0360(2)(c) requires minimum outdoor active play in child care programs with an exception for extreme weather. Safe outdoor play when PM2.5 levels are high, especially for days or weeks, requires precautions. People breathe deeper and take more air into their lungs when exercising, thus taking in more air pollution. Children and youth's breathing rates increase over 2 times during light intensity physical activity, over 4 times during moderate intensity activity, and over 8 times during high intensity activity compared to being at rest. Intensity level is related to the exertion and varies individually, but as examples: <ul style="list-style-type: none"> Light Intensity Activities: playing board games, playing catch, and stacking blocks Moderate Intensity Activities: climbing on playground, dodgeball, four-square, golf, gymnastics, hopscotch, lightly riding a tricycle/bicycle, marching band, moderate or brisk walking, shooting basketballs, softball/baseball, table tennis, volleyball, weight training, and yoga Vigorous Intensity Activities: aerobic dance, basketball, cheer, competitive swimming, football, jogging, jumping jacks, jump rope, karate, race walking, running, soccer, swimming, tennis, and vigorous bicycling For a more detailed list see CDC's guidance, "General Physical Activities Defined by Level of Intensity." |
| Reducing Exposures | As PM2.5 pollution increases, each action is increasingly important to protect health: limit duration and intensity of outside physical activity (e.g., increase rest periods), stay indoors when possible and keep indoor air clean. Consider a child's total exposure throughout the day and night, including time spent at school, home, and in transit. Walking, biking, or riding in a bus with windows opened is time outdoors. Some children may not have cleaner air at home. |
| Masks & Respirators | A NIOSH approved N95 or other particulate respirator can be an option when you have no other way to avoid wildfire smoke. NIOSH approved respirators do not come in suitable sizes for very young children and have not been tested for broad use in children. Effective use requires proper selection, size and fit. See Western States PETSU guidance on respirator use by children. More NIOSH information here. |
| Air Quality Monitoring & Low-Cost Sensors | Outdoor Air Monitoring: Use air pollution forecasts and government agency monitors on AirNow.gov for non-wildfire smoke pollution. Use the Washington Smoke Blog for wildfire smoke. The Smoke Blog includes low-cost sensors and has the most relevant forecasts for Washington wildfire smoke. See Appendix A. Indoor Air Monitoring: Indoor low-cost sensors can be used for indoor activities. Do not compare uncorrected sensor data to the AQI. Compare sensor data in locations throughout the facility and indoors vs outdoors. See Appendix B. |
| Indoor Air Quality | During high levels of PM2.5 or extended durations of poor air quality, taking steps to improve indoor air quality is extra important because PM2.5 will seep into buildings. If you're not sure whether indoor PM2.5 levels are lower than outside, assume levels are similar and increase steps to reduce exposure. Indoor air filtration (HVAC systems with enhanced filtration or HEPA portable air cleaners) can reduce indoor levels of PM2.5. Do not use air cleaners that produce ozone or have additive technology, such as ionization and plasma. See Appendix C. |
| Adult Staff & Volunteers | Adult staff and volunteers can be impacted by air pollution, see WA Air Quality Guide for Particle Pollution . For policies on outdoor workers during wildfire smoke, see WA L&I's Wildfire Smoke Workplace Safety & Health webpage . |
| School Closures | Consider school and facility closures if you cannot maintain indoor PM2.5 below 150.5 µg/m ³ (AQI value of 201). See Summary Wildfire, Smoke Guidance for Closing Schools , which includes factors to consider. |
| Resources | Websites: WA DOH's Air Quality and Health or Smoke from Fires and Health , EPA's Air Quality Flag Program . For technical assistance: airquality@doh.wa.gov |

Medications

No medications will be administered to campers at **Thrive Adventure Day Camp or KinderPrep Day Camp**. Whenever possible, we urge parents and physicians to design a schedule for administering medication to a student outside of camp hours. The rare exceptions involve special conditions in which the child must be given the medication to remain at camp. If a student must take medication at camp during the day, the CCS Medication Authorization Form along with required attachments (e.g., doctor's action plan) must be on file at the camp office and be re-submitted at the beginning of each year. Bring the medication in its original container to the camp office immediately upon arrival at camp, along with the Medication Authorization Form, which can be obtained on our website or in the camp office. Provide at least three full days' dosage of each medication your camper would need in an emergency evacuation. Please schedule an appointment with the Site Coordinator to establish an *individual health plan* if needed. Campers with medication that violates the above guidelines are subject to disciplinary consequences. Campers may not share medications. Parents are responsible for informing the camp personnel of any health condition requiring special care so that an Individual Health Plan can be developed for the student.

Illness

Campers who are ill do not attend camp. For absence, due to illness, please call the camp office by 9 a.m.

Campers who have a temperature of 100 degrees Fahrenheit or higher and/or who also have one of the following - earache, headache, sore throat, rash or fatigue, that prevents participation in regular activities, may not attend camp.

Campers who have any of the following symptoms may not attend camp: vomiting, diarrhea, open or oozing sores not properly covered, untreated lice and/or nits, untreated pink eye, any contagious disease (i.e. Hand Foot Mouth Disease, strep throat, chicken pox, mumps, or whooping cough).

A camper who becomes ill during the day will be sent home. If a parent cannot be reached, the emergency contact person indicated on the camper's registration form will be called. **Keep your emergency contacts up to date!**

Missed Camp days due to illness are not eligible for refunds.

COVID-19

For the safety of our campers and staff, activities will be in consideration of the Washington State Department of Health's Summer Camp Social Distancing Recommendations and Guidelines. <https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/DOH-OSPI-DYCF-SchoolsChildCareGuidance.pdf>

According to the CDC people with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days (about 2 weeks) after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19. <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

Medical Emergencies

The protocol at camp for a serious emergency:

- Call 911, if necessary
- Notify the parent/guardian or emergency contact person
 - The injured Camper will be transported by ambulance to the nearest emergency room if deemed necessary
 - Camp personnel will continue to attempt to reach a parent/guardian or emergency contact person
 - Parents will be responsible for all medical expenses

Camper Code of Conduct

A successful camper

- always listens to and obeys the camp counselors and staff
- always respects other's feelings, property, and personal space
- always respects the classroom, building, and grounds
- always uses the buddy system on the campgrounds and while on field trips
- is always safe
- is always honest
- always follow the 3R's
- always tries his/her best and never gives up

Counselors review and explain these expectations in an age-appropriate manner each week as well as whenever needed during "teachable moments."

Thrive Adventure Day Camp and KinderPrep Day Camp are positive learning environments. We choose to value each person by living the 3R's:

Respect: *A Commitment to Honor:* I will choose to think, act, and speak in a way that honors God, others, self, and property.

Responsibility: *A Commitment to Ownership* I will be trustworthy, self-governed, and accountable for my choices, and I will accept the consequences for my actions.

Relationship: *A Commitment to Godly Interactions:* I will serve God by choosing to understand, accept, and show concern for others and self.

We will reward positive behavior through activities and privileges. Most of our campers do an outstanding job every day. We assume that each camper has honorable behavior. Camper expectations are contained in the sections that follow. We will monitor camper behavioral choices. Campers who do not meet behavior expectations will earn consequences. The ultimate, unique goal of Thrive Adventure Day Camp is for campers to achieve the ability to govern themselves from within – internally, based on the example and model of Jesus Christ. As the ability of campers intrinsically to govern themselves grows, there is less need for imposing external or extrinsic rules and regulations on them.

Staff and parents commit to working together to help our campers mature in their Christian walk, teaching and training them to do what is right according to God's Word. Together, we will raise exceptional young leaders ready to move confidently into tomorrow's world.



Examples of showing Respect, Responsibility, and Relationships are:

| | I show Respect when I... | I show Responsibility when I... | I show good Relationships when I... |
|--|---|--|---|
| Arrival | <ul style="list-style-type: none"> • Enter building appropriately • Wait for guardian to sign me in • Am wearing appropriate clothing | <ul style="list-style-type: none"> • Leave my electronics at home | <ul style="list-style-type: none"> • Stay in my own space • Keep my hands and feet to myself • Am courteous to others |
| Restrooms (Use the facility properly!) | <ul style="list-style-type: none"> • Ask a counselor • Give people privacy • Use quiet voice • Return to class quickly | <ul style="list-style-type: none"> • Flush the toilet after use • Wash hands for 20 sec. • Put trash in the trash can • Report restroom problems/needs | <ul style="list-style-type: none"> • Am a willing buddy • Use kind words |
| Snack time/Lunch | <ul style="list-style-type: none"> • Use good manners • Wait for my turn in line • Use quiet inside voices | <ul style="list-style-type: none"> • Do not share my own food with friends • Keep food and drink in designated eating areas • Clean up after myself • Use appropriate line etiquette • Wait to be offered seconds | <ul style="list-style-type: none"> • Am courteous to others (allow anyone to sit next to me) • Am polite to snack staff & lunch staff • Use appropriate language |
| Transitions/Hallways | <ul style="list-style-type: none"> • Use kind words and actions • Allow guests & adults to go first • In hallway, stay to the right & leave space for others to pass • Do not disturb other classes | <ul style="list-style-type: none"> • Walk in a single file • Walk without talking • Walk forward with eyes ahead, • Walk keeping my feet on the ground • Use quiet feet | <ul style="list-style-type: none"> • Hold door for others • Stay in my own space • Keep my hands and feet to myself |
| Recess/Playground | <ul style="list-style-type: none"> • Always follow teachers' directions • Play fairly • Use good sportsmanship • Use equipment properly • Use appropriate language | <ul style="list-style-type: none"> • Always follow game rules • Make safe choices • Stay in designated areas • Accept consequences for my actions with a kind attitude | <ul style="list-style-type: none"> • Include others • Keep my hands & feet to myself • Think well of others • Actively listen to others • Use encouraging words • Am a peace maker • Help others to the teacher when they are hurt |
| Emergency Drills | <ul style="list-style-type: none"> • Stay quiet & listen | <ul style="list-style-type: none"> • Follow directions • Line up quickly • Remain in line with counselor • Keep calm | <ul style="list-style-type: none"> • Watch out for others |

| | | | |
|----------------------------------|---|---|---|
| Assembly (Opening)/Chapel | <ul style="list-style-type: none"> • Demonstrate appropriate audience etiquette • Maintain personal space • Participate appropriately • Am quiet during prayer • Am reverent • Am an attentive listener | <ul style="list-style-type: none"> • Leave backpacks in designated area • Honor personal boundaries • Demonstrate self-constraint | <ul style="list-style-type: none"> • Respect others participation in chapel service • Make room for others |
| Bus | <ul style="list-style-type: none"> • Wait for directions • Be polite to transportation staff • Am quiet when staff is doing head counts | <ul style="list-style-type: none"> • Sit quietly, facing forward with my arms & legs in my seat area • Be silent when asked (especially during railroad crossings) | <ul style="list-style-type: none"> • Keep my hands & feet to myself |
| Field trip | <ul style="list-style-type: none"> • Offload quickly & quietly • Listen for instructions • Stay with assigned counselor | <ul style="list-style-type: none"> • Follow the rules of the venue • Tidy up my area after lunch (leave it better than I found it) • Keep my personal belongings tidy & together | <ul style="list-style-type: none"> • Be prompt for check-in & departure • Keep hands & feet to myself |
| Dismissal | <ul style="list-style-type: none"> • Check out with my teacher • Leave promptly | <ul style="list-style-type: none"> • Have all my personal items ready to go • Tidy up my area | <ul style="list-style-type: none"> • Am ready to go when my parents are ready to leave |

Behavior Correction Guidelines* for Elementary Campers

| Level 1 | Level 2 | Level 3 |
|--|---|--|
| <i>Minor disturbances that prevent classroom/camp order and instruction.</i> | <i>Actions and attitudes that show lack of respect to authority and other people.</i> | <i>Actions that seriously threaten the safety of others, or a flagrant lack of respect for property or others.</i> |
| Destroying another's work | Cheating/plagiarism | Arson |
| Disrupting class | Destroying property | Bomb threat |
| Dress code violation | Dishonesty | Destroying property |
| Electronic device | Disrespect/disobeying adult | Fighting/play-fighting |
| Inappropriate language | False fire alarm | Harassment/intimidation/bullying |
| Inappropriate use of equipment | Obscene gestures | Leaving campgrounds |
| Noisy in hall/restroom | Offensive language | Sexual language or materials |
| Pushing/hitting/spitting | Provoking violence | Weapon brought to camp |
| Throwing objects | Inappropriate Touching | Repeated Level 2 offense |
| Other Level 1 offense | Throwing object to injure | Other Level 3 offense |
| | Repeated Level 1 offense | |
| | Other Level 2 offense | |
| Consequences | Consequences | Consequences |

| | | |
|---|---|---|
| <i>Staff will assign consequences and write referral(s) as warranted.</i> | <i>Staff member(s) will write referral(s) and parents will be notified.</i> | <i>Camper(s) will be sent directly to the office with a referral.</i> |
| Camp Staff or Camp Site Coordinator may: | Camp Site Coordinator may: | Camp Site Coordinator may: |
| Give warning | Counsel Camper | Assign detention |
| Counsel Camper | Assign detention | Contact parent |
| Assign detention | Contact parent | Behavior contract |
| Contact parent | Behavior contract | Suspension |
| | | Expulsion |

* **NOTE:** The assigning of consequences is at the discretion of the administrator.

Harassment, Threats, Intimidation, and Bullying

Cascade Christian Camps is committed to providing a Godly, safe, and civil educational environment for all Campers, employees, volunteers, and patrons. The purpose of the policy is to align with the CCS core character traits in which all individuals treat each other with dignity and respect, free from all forms of harassment, threats, intimidation, and bullying. Furthermore, our expectation and desire is for all individuals to demonstrate Cascade Christian Camps' Three R's (Respect, Responsibility, and Relationship) in everyday life. Any act of harassment, threats, intimidation, or bullying shall not be tolerated on any Cascade Christian Camps property or at activities under the jurisdiction of Cascade Christian Camps. Cascade Christian Camps is prepared to take action to prevent and correct any violations of this policy. Anyone who violates this policy is subject to discipline, up to and including suspension or expulsion of Campers. This policy is a component of Cascade Christian Camps' effort and responsibility to create and maintain a safe, civil, and respectful learning community and is implemented in conjunction with training of staff and volunteers, as well as with the education of Campers in partnership with families and the community. "Harassment, Threats, Intimidation, and Bullying" mean any intentional written, electronic media message, verbal, or physical act, including but not limited to: one shown to be motivated by any characteristic of race, color, religion, ancestry, national origin, gender, mental or physical disability, or other distinguishing characteristics. Other distinguishing characteristics can include, but are not limited to physical appearance, clothing or other apparel, socioeconomic status, or gender. Harassment, threats, intimidation, or bullying can take many forms including slurs, rumors, jokes, innuendoes, demeaning comments, drawings, cartoons, pranks, gestures, physical attacks, hazing, threats or other written, electronic, oral or physical action(s). "Intentional acts" refers to the individual's choice to engage in the act. Nothing in this policy requires the affected person to possess a characteristic that is a basis for harassment, threats, intimidation, or bullying.

Campers, faculty, or staff who believe they have been victims of, or who know about an act of harassment, threats, intimidation or bullying, whether verbal, written or by gesture should promptly report the specific incident, behavior, or act in violation of this policy to a Camp Staff, coach, or administrator, and not withhold information. False reports or inappropriate retaliation for harassment, threats, intimidation, or bullying also constitute violations of this policy.

QUESTION:
How does bullying differ from other forms of conflict?

ANSWER:

| | |
|--|--|
| <p>Other conflict and fighting*:</p> <ul style="list-style-type: none"> ✓ Between friends/equals/peers ✓ Spontaneous/occasional ✓ Accidental/not planned ✓ No serious, lasting harm ✓ Equal emotional reaction ✓ Not for domination/control ✓ Often a sense of remorse ✓ May try to solve problem | <p>Bullying*:</p> <ul style="list-style-type: none"> ✓ Not friends/imbalance of power ✓ Repeated over time ✓ Intentional/targeted ✓ Physical/emotional harm ✓ Unequal emotional reaction ✓ Seeking control/possession ✓ No remorse/blames target ✓ No effort to solve problem |
|--|--|

* Please remember that specifics will vary with each incident

Corrective Plan of Action (CPOA)

Most campers have a positive attitude toward camp and their Christian responsibilities regarding conduct. However, a minority of campers, for one reason or another, fail to accept the responsibility.

Therefore, it is the policy of Cascade Christian Adventure Day Camps that, having exhausted reasonable avenues of correcting the problem between parents, Camp Staff, and the Camp Site Coordinator, the parties may take the following actions:

- The camper goes on CPOA.

- The camp staff will closely supervise the camper's progress in achieving the desired outcome.
- The CPOA timeframe will continue until the camper demonstrates a positive behavior change in the area of deficiency.
- The camper may not participate in any co-curricular activity, including Cascade Christian-sponsored sports, enrichments and clubs.
- If the CPOA results in no positive changes, at the Camp Site Coordinator's discretion, the camper may be subject to further disciplinary action, such as suspension or expulsion.

Suspension and Expulsion

The Camp Site Coordinator always has the authority to suspend or expel a camper. The length of suspension will be one to five days, as determined by the Camp Site Coordinator.

Examples of reasons that would give cause for suspension or expulsion are:

- Continued deliberate display of disobedience or disrespect, or a rebellious spirit
- A continued negative attitude or a negative influence upon other campers
- Failure of the camper to comply with the disciplinary actions of the camp

Weapons on Camp Premises

The Board of Trustees of Cascade Christian Adventure Day Camps recognizes the expectation of campers, staff, parents, and patrons to be safe on Cascade Christian premises and at all camp district activities. Accordingly, it is a violation of Cascade Christian Adventure Day Camps policy and Washington State law for any person to carry on to camp premises, camp-provided transportation, or other facilities being used for camp activities any firearm, dangerous weapon, or other object capable of producing bodily harm as defined in this policy.

Campers who violate this policy are subject to camp discipline policies. Violations of the firearms provisions are subject to a minimum of one calendar year expulsion, with possible case-by-case modification by the Director of Safety and Security. Camp officials shall notify the appropriate law enforcement agency of known or suspected violations of this policy.

Lost and Found

Some items may get separated from their owner. To help prevent this, please mark all items such as towels, extra clothing, sunscreen, etc. with the student's full name. Campers are responsible for all their own belongings. Cascade Christian will not be responsible for items that are lost, broken or stolen, including cash. All items not claimed at the end of THRIVE will be donated to a local charity.

Phone/Communication Devices

Campers need to take care of all business and other arrangements before or after camp. Office telephones are only for use in cases of emergency, with permission from the Site Coordinator.

Campers may bring personal cell phones to camp. However, phone/communication devices may not be used during camp hours, unless permitted by the Site Coordinator.

Child Abuse Reporting Law

The State of Washington requires Cascade Christian Adventure Day Camps to report allegations of suspected child abuse to the proper governmental authority when there is reasonable suspicion or reasonable basis for believing that physical or emotional abuse, sexual abuse and exploitation, inadequate supervision, or other forms of abuse have occurred. While the camp is to communicate with parents regarding the well-being of their campers, the administration's place is between the parent(s) and the State, acting on behalf of the camper and in accordance with state law. It is the camp's policy not to contact parents in advance of making a report to legal authorities. Appropriate camp staff will make such reports in the best interests of the affected camper and, once reasonable suspicion is established, have no legal alternative except to make the report to the proper authorities for their investigation and review. The camp may also undertake an inquiry prior to making a report to determine whether there are sufficient grounds to require reporting.

Disaster Preparedness Plans

In the event of an emergency, families will be notified through the Remind App. We provide each camper with emergency supplies in the case of a catastrophic event. If your camper has severe allergies and is unable to eat the food provided in the emergency kit,

please provide food that your camper can eat. In compliance with state requirements and guidelines, the CCS Thrive Adventure Day Camp program conducts a fire safety-related drill. In addition, all sites conduct a lockdown drill, shelter in place, and high-risk events (such as earthquake, lahar, flood, or other high-risk events). Evacuation plans are posted on the parent information area and in the grab-and-go emergency backpack on site.

Nondiscrimination Policies

K–12 Cascade Christian Adventure Day Camps is open to anyone interested in securing a Christian education, from early learning through grade twelve, whom the camp finds qualified for admission and who agrees (and whose parents agree) that he or she shall abide by Cascade Christian's camp rules. It is important to understand that attendance at Cascade Christian is a privilege and not a right. Any student who does not choose to abide by the Cascade Christian standards of conduct and is unwilling to adjust to the Christian camp environment forfeits this privilege. All campers must be convinced they want to attend Cascade Christian Camps and agree to apply themselves honestly and wholeheartedly to study to show thyself approved unto God (2 Timothy 2:15). They also agree to be courteous and respectful to their peers, staff, faculty, and other daily associates. Cascade Christian Camps admits campers of any race, color, national and ethnic origins to all the rights, privileges, programs, and activities generally accorded or made available to campers at the camp. It does not discriminate based on race, color, national and ethnic origin in admissions policies, athletics and other camp-administered programs. Cascade Christian Adventure Day Camps reserves the right to select campers based on academic performance, religious commitment, and personal qualifications, including a willingness to cooperate with Cascade Christian Camps' administration and to abide by its policies. The policy of Cascade Christian Camps is to accept children in compliance with the Americans with Disabilities Act (ADA) per all the implementing regulations. The camp will review each child's situation on an individual basis to determine whether the camp can meet the child's needs. Please discuss your child's needs with the principal before enrollment. Specific admissions procedures exist for each specific level at CCS: early learning, elementary, and secondary.

We Are So Excited to Start the Summer!

Your CCS Thrive Adventure Day Camp Team!

