

# September 2020



## Lunch Menu

	1 Grilled cheese (WGR), Tomato soup, Mandarin oranges, Milk	2 Chicken burger on whole wheat bun, Tater tots, Tropical Fruit, Milk	3 Fish sticks, Bagel (WGR), Pears, Coleslaw, Milk	4 Meatball sandwich w/ Marinara (WGR), Roasted carrots, Apple sauce, Milk
7 CENTER CLOSED	8 Bean and cheese burrito (WGR), Peaches, Cauliflower, Milk	9 Hamburger on whole wheat bun, Potato wedges, Watermelon, Milk	10 Cheese ravioli w/ Marinara, Strawberries, Broccoli, Milk	11 Beef taco mac and cheese (WGR), Pineapple, Salad w/ Ranch, Milk
14 Butter noodle w/ ground beef and parmesan (WGR), Fruit cocktail, Roasted carrots, Milk	15 Turkey and cheese wrap (WGR), Green beans, Applesauce, Milk	16 Chicken tenders, Tater tots, Mangos, Milk	17 Mini corndogs, Tomato soup, Pears, Milk	18 Chili beef, Cornbread, Mandarin oranges, Milk
21 BBQ chicken pizza (WGR), Broccoli, Peaches, Milk	22 Mac and cheese w/ ham (WGR), Peas and carrots, Strawberries, Milk	23 Tuna melt w/ cheese (mix w/ mayo), Potato Wedges, Cantaloupe, Milk	24 Chicken alfredo pasta (WGR), Cauliflower, Pineapple, Milk	25 Ham and cheese quesadilla (WGR), Coleslaw, Tropical fruit, Milk
28 Breakfast sausage, English muffin, Roasted carrots, Fruit cocktail, Milk	29 Sausage gravy and biscuits, Green beans, Applesauce, Milk	30 Ham and cheese sandwich (WGR), Tater tots, Mangos, Milk		

*All raw vegetables and salad are served w/ ranch dressing (excluding infants and toddlers)*

*(WGR) whole grain rich*

*whole milk is served to toddlers under 2 y.o.*

*1% milk is served to 2 y.o. and above*