



September 2020

AM & PM Snack Menu

	1 AM- Strawberry muffin, Milk PM- Blueberries, Milk Late PM- Club crackers, Water	2 AM- French toast, Milk PM- String cheese, Apple juice Late PM- Saltines, Water	3 AM- Waffles, Blueberries, Water PM- Warm wheat roll w/ butter, Milk Late PM- Ritz crackers, Water	4 AM- Goldfish, Milk PM- Cinnamon graham crackers, Orange juice Late PM- Cheez-itz, water
7 CENTER CLOSED	8 AM- Apple muffin, Milk PM- Applesauce, Club crackers, Water Late PM- Animal crackers, Water	9 AM- Pita bread w/ sun butter, Milk PM- Sliced cheese, Saltines, Water Late PM- Cinnamon graham crackers, Water	10 AM- Yogurt, Cheerios, Water PM- Breadstick w/ butter and parmesan, Orange juice Late PM- Graham crackers, water	11 AM- Cheerios, Milk PM- Pita bread, Hummus, Water Late PM- Jungle crackers, Water
14 AM- English muffin w/ cinnamon sugar and butter, Milk PM- Goldfish, Orange juice Late PM- Club crackers, water	15 AM- Banana muffin, Milk PM- Mandarin oranges, Wheat thins, Water Late PM- Saltines, Water	16 AM- French toast, Milk PM- String cheese, Milk Late PM- Ritz crackers, Water	17 AM- Waffles, Milk PM- Warm wheat roll w/ butter, Apple juice Late PM- Goldfish, Water	18 AM- Goldfish, Milk PM- Cornbread, Milk Late PM- Cheez-itz, Water
21 AM- Bagel w/ cream cheese, Milk PM- Bananas, milk Late PM- Animal crackers, Water	22 AM- Blueberry muffin, Milk PM- Peaches, Saltines, Water Late PM- Cinnamon graham crackers, Water	23 AM- Pita bread w/ sun butter, Milk PM- Sliced cheese. Pineapple juice Late PM- Graham crackers, Water	24 AM- Yogurt, Blueberries, Water PM- Breadstick w/ butter and parmesan, Milk Late PM- Jungle crackers, Water	25 AM- Cheerios, Milk PM- Pita bread, Hummus, Water Late PM- Goldfish, Water
28 AM- Biscuit w/ grape jelly, Milk PM- Goldfish, Orange juice Late PM- Club crackers, Water	29 AM- Strawberry muffins, milk PM- Pears, Milk Late PM- Ritz crackers, Water	30 AM- French toast, Milk PM- String cheese. Saltines, Water Late PM- Cheez-itz, Water		

All raw vegetables and salad are served w/ ranch dressing (excluding infants and toddlers)

(WGR) whole grain rich

Whole milk is served to toddlers under 2 y.o.

1% milk is served to 2 y.o. and above

This institution is an equal opportunity provider.