



# Cascade Christian Schools Frederickson Campus

## DECEMBER 2022

Lunch is \$4.50 (including milk) or individual milk \$0.50 each

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu subject to change	All raw vegetables and salad are served w/ranch dressing		1 Mac and Cheese Little Smokies Veggie Fruit Milk	2 <b>ELC CLOSED ELEMENTARY NOON DISMISSAL NO PM COUGAR CLUB</b>
5 Pepperoni Pizza Veggie Fruit Milk	6 Macho Nachos Veggie Fruit Milk	7 Breaded Chicken Leg Mashed Potatoes Veggie Fruit Milk	8 Chicken Nuggets French Fries Veggie Fruit Milk	9 Cheeseburger Bethel Baked Beans Veggie Fruit Milk
12 Ham and Cheese Toasty Veggie Fruit Milk	13 Teriyaki Beef Dippers Brown Rice Veggie Fruit Milk	14 Corn Dog Tater Tots Veggie Fruit Milk	15 Turkey Gravy Mashed Potatoes Veggie Fruit Milk	16 Cheese Quesadilla Bethel Baked Beans Veggie Fruit Milk
19 <b>CHRISTMAS BREAK</b> Mozzarella Breadstick w/Marinara Sauce Veggie Fruit Milk	20 <b>CHRISTMAS BREAK</b> Chipotle Sloppy Joe Fries Veggie Fruit Milk	21 <b>CHRISTMAS BREAK</b> Meatball Sub Sandwich Veggie Fruit Milk	22 <b>CHRISTMAS BREAK</b> Chicken Nuggets French Fries Veggie Fruit Milk	23 <b>CHRISTMAS BREAK</b> Baked Beans w/Hot Dog Cornbread Veggie Fruit Milk
26 <b>CHRISTMAS OBSERVED MERRY CHRISTMAS EVERYONE</b>  <b>CENTER CLOSED</b>	27 <b>CHRISTMAS BREAK</b> Pizza Veggie Fruit Milk	28 <b>CHRISTMAS BREAK</b> Frito Pie (Chili, Cheese, and Chips) Veggie Fruit Milk	29 <b>CHRISTMAS BREAK</b> Breaded Chicken Leg Spanish Rice Veggie Fruit Milk	30 <b>CHRISTMAS BREAK</b> Ham and Cheese Wrap Chips Veggie Fruit Milk